

2019 Potomac School Football August Practice Schedule

Monday, August 12

Football activities from 8:00am-2:00pm

Tuesday, August 13

Football activities from 8:00am-2:00pm

Wednesday, August 14

Leadership retreat is 8am-3pm.

Football activities from 12:00-6:00pm.

Thursday, August 15

Leadership retreat is 8am-1pm.

Football activities from 12:00-6:00pm.

Friday, August 16

Football activities from 8:00am-2:00pm

Saturday, August 17

Football activities from 8:00am-12:00pm. Possible practice with another team.

Sunday, August 18

Day Off

Monday, August 19

Practice at Potomac on the turf from 8:00am-9:30pm.

Depart for Camp Rim Rock, WVA at 10:30am.

Thursday, August 22

Return from Camp Rim Rock

Friday, August 23

Varsity Scrimmage at Potomac at 9am with Langley, Ireton, and Potomac

JV Scrimmage at Potomac at 11am – with Langley, Ireton and Potomac

Saturday, August 24

JV = Off

Varsity will do film, walk through, and lift from 8:00-10:30am.

Sunday, August 25

Day off

August 26-29

Practices in the afternoon after the faculty meetings are over

Friday, August 30

Varsity football's opening game of the season at Norfolk Academy at 6pm.