



# US ATHLETICS

YEAR-AT-A-GLANCE

2022-23

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August 14, 2022	Football Equipment Distribution
August 15, 2022	Football Pre-season Starts
August 22, 2022	FH, VB, SOC & GTen Pre-Season Start
September 1, 2022	US Athletic Parent Coffee #1
September 9, 2022	Back To School BBQ / Kick-Off
September 21, 2022	IS Athletics Parent Coffee # 1
October 21-22, 2022	Homecoming
October 24-November 6, 2022	ISL and MAC Tournaments
November 4, 2022	ISL A Girls Soccer Final (Host)
November 4-12, 2022	State Tournaments
November 9, 2022	Start of Winter Sports
November 25, 2022	Fall Alumni Games
December 2-3, 2022	Basketball Tip-Off Tournament/Athletic Open House
January 12, 2023	US Athletics Parent Coffee # 2
January 20, 2023	IS Athletics Parent Coffee # 2
January 20, 2023	ISL Swim Championship
January 27, 2023	Winterfest (Wrestling)
January 28, 2023	MAC Swim Championship
February 4, 2023	MAC Wrestling Individuals
February 4, 2023	WMPSSDL Championships
February 8, 2023	MAC Wrestling Duals
February 2, 2023	National Girls & Women in Sport Day Celebration
February 10-11, 2023	Swim Metros
February 22, 2023	Varsity/JV Boys Lacrosse Begins
February 24-26, 2023	ISL and MAC Basketball Tournament
February 26, 2023	MAC Basketball Finals at Potomac
February 24-26, 2023	Squash National Tournament
February 27-March 4, 2023	State Tournaments
February 27, 2023	Spring Season Starts
March 18-25, 2023	Spring Team Practice/Trips
May 5, 2023	Grills and Games
May 8-13, 2023	ISL and MAC Spring tournaments
May 13-20, 2023	Spring State Tournaments
May 24, 2023	College Signing Day